

Issue 2 Volume 2

# OUT & ABOUT STYLE

MAGAZINE

March 2020

BEHIND THE BRAND

**FIRAS  
AL MSADDI**  
CEO OF FÄM PROPERTIES

TALENT POOL

**KHALED  
ALSAADI**  
EMIRATI CHEF,  
CO-FOUNDER OF  
FA'E CAFE

# GULNORA

MUKHEDINOVA

**BOOK  
REVIEW**

YOU ARE A BADASS  
BY JEN SINCERO

INCREASE YOUR  
**METABOLISM**  
NATURALLY

**8**

**EVENING  
ROUTINES**  
THAT WILL CHANGE  
YOUR MORNINGS





